



HOPE FILLED CONVERSATIONS
for women
...in His Word, I Hope. Psalm 130:5

Hope Filled Conversations
Week 8 Going Deeper
Philippians 4: Overcoming the Battlefield of the Mind

Read the following verse from Philippians 4:8 from the following three translations. Circle each virtue mentioned.

ESV	NLT	KJV
<p>8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.</p>	<p>8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.</p>	<p>8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.</p>

If you use a different version of the Bible, write Philippians 4:8 here:

Write in your own words what positive thoughts you can practice that will bring praise to God. It can be in regard to your current circumstances, a relationship, or whatever comes to mind.

When you start to worry what is your first response? What should be your first response?
Reference Philippians 4:6 and write the verse here:

How can you have peace during your circumstances? Are there some truths you know about God that you discovered in Philippians that you can keep in front of you as you walk daily with Him?